

ORANGE CO

Beekeepers



Highlights

October 8th Meeting

The Farm Fairy

Sandra and Fabian discuss beekeeping here and in Argentina.

Directory Plan

Get your photo taken

We would like to have a photo directory of OCBA members so we can get to know one another and what we do when we are not beekeeping. We will be taking pics at future meeting and then asking you to update your member info.

Wax Workshop



Contribute to our booth
SATURDAY Sept. 26

Join us in Cedar Grove to learn about making things from wax with David Langham. We will be making things for the State Fair. Bring molds, wax and ideas! 9 am. 8411 Hwy 86 N.

Call for Nominations

Become an OCBA leader

At our October meeting, we will be voting for new officers for 2010. Please volunteer or nominate a willing friend.

State Fair

October 15th-25th

On September 24th, we will be doing a presentation for the folks at [Central Orange Senior Center in Hillsborough](#).

APITHERAPY WITH CHARLES



J For our September meeting, long-term member, former OCBA president, Master Beekeeper, Charles Fleckenstein spoke to us about Apitherapy. apitherapy is using products of the hive for medicinal properties. Products used include propolis, pollen, royal jelly, honey, wax and bee stings.

Propolis is used as a natural antibiotic, topical painkiller, and natural anti-viral. It is made from resin in trees and used by bees to seal the hive. It can be eaten raw and also made into a tincture.

Royal Jelly which is a semi-solid liquid used to feed the developing queens. Each queen cell can contain from 1/2 to

1 teaspoon of royal jelly. It is a mild stimulant, and a brain enhancer.

Honey has preservative qualities and can be used in wounds, on burns, and to prevent scarring. It is used in abscess and for ulcers and is very effective in treating infections, especially those resistant to antibiotics.

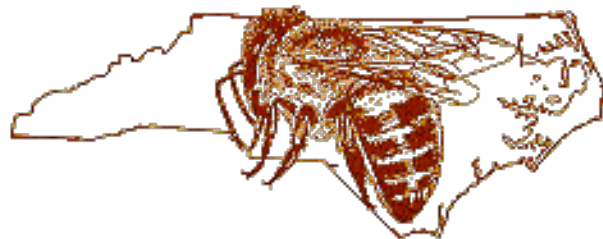
Wax is also used in wounds and sores. It is finding more and more use in salves and lip balms instead of petroleum.

See [FAO AGRICULTURAL SERVICES BULLETIN No. 124](#) for more great info.

Bee Stings: Not Just A Pain In The...

Bee stings can be uncomfortable and annoying in the beeyard, but they can also be used for many ailments. Similarly to acupuncture, stings will stimulate the immune system which promotes healing and blood flow. It is useful to chill the bees in the refrigerator to make them easier to handle and to have a hemostat or reverse tweezers to hold the bees while getting them to sting. Amount of venom is debated but it is good to start with a small amount or with mini stings. You can make the bee sting a stiff fabric and then grab the stinger with tweezers and create numerous mini stings which can be as effective as a single large dose of venom. Since it is not the venom that is necessary for healing, merely the bodies reaction to it, this may be more effective.

Many books are available to learn more about this subject. For acupuncture use of bee stings, check out [Bee in Balance](#) by Amber Rose IAc, LCSW. Two other books about using honey for health and well-being are [The Hibernation Diet](#) and [The Honey Revolution](#).



State Fair Info

The North Carolina State Fair has a website full of info for you. Visit [2009 State Fair](#).

[Bees and Honey Entry Rules](#)

[Register Online](#) **Deadline for registering your entries is Friday, September 25th at 5 PM!**

Sign up list for OCBA State Fair Booth

Entries

honey

extracted amber, light, dark

comb

cut comb

frame

wax products: Gayle, John

Wallace, Connie,

candles

ornaments

gift baskets: Eva Hoke & Skep Hat



Displays

honey

wax products: David Langham
field day!

candlesticks: Connie

encaustic paintings: Geneva,
Connie

hive body: Lewis



Educational

12 honey plants: Geneva

Removing bees from
structures: Connie

Queen Breeding: Connie



Mark your calendar for September 26th! David Langham will be bringing his candle skills to us during a workshop to prepare for the State Fair. We will meet at the Cedar Grove Bee Works shop (8411 Hwy 86 N, Cedar Grove) at 9 AM.

REMEMBER

We will be assembling our State Fair Booth following the next meeting. please bring your entries and materials then.



There are lots of opportunities to help with the state fair from bottling honey as seen above to helping with the OCBA display. But the most fun is manning the NCSBA booth and helping share the wonders of the honey bee with the general public. Please contact Will Hicks or Don Hopkins to schedule a time during the fair that you can help.